

*Welcome to Solace Counseling Associates. Please note that the information is important for your child's care. Please fill out forms as completely as possible and have them ready before your first counseling session.*

**CHILD INTAKE FORM (TO AGE 11)**

For Parent/Guardian to Complete

Child's Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_

School: \_\_\_\_\_ Grade: \_\_\_\_\_

Race/Ethnic Origin: \_\_\_\_\_

Religious Preference: \_\_\_\_\_

**CURRENT HOUSEHOLD AND FAMILY INFORMATION**

| Name | Relationship<br>(parent, sibling,<br>etc) | Age | Sex | Type<br>(bio,<br>step, etc) | Living<br>with<br>you?<br>Y/N |
|------|---|-----|-----|-----------------------------|-------------------------------|
|      |   |     |     |                             |                               |
|      |   |     |     |                             |                               |
|      |   |     |     |                             |                               |
|      |   |     |     |                             |                               |
|      |   |     |     |                             |                               |
|      |   |     |     |                             |                               |
|      |   |     |     |                             |                               |

**Problem Description** (Please state the problems for which you want help for this child:)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**CHILD'S DEVELOPMENT**

1. Were there any complications with the pregnancy or delivery of your child? Yes \_\_\_ No \_\_\_ If yes, describe:

\_\_\_\_\_

2. Did your child have health problems at birth? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, describe: \_\_\_\_\_

3. Did your child experience any developmental delays (e.g. toilet training, walking, talking)?

Yes \_\_\_ No \_\_\_ Not sure \_\_\_\_\_

If yes, describe: \_\_\_\_\_

4. Did your child have any unusual behaviors or problems prior to age 3? Yes \_\_\_ No \_\_\_

Not sure \_\_\_\_\_ If yes, describe: \_\_\_\_\_

5. Has your child experienced emotional, physical, or sexual abuse?

Yes \_\_\_ No \_\_\_ Not sure \_\_\_\_\_

If yes, describe: \_\_\_\_\_

**Emotional/Behavioral/Chemical Issues** (*Has your child recently or currently experienced the following?*)

| CONCERN                           | YES | NO | CONCERN                         | YES | NO |
|-----------------------------------|-----|----|---------------------------------|-----|----|
| Recent Suicidal thoughts          |     |    | Difficulty sleeping             |     |    |
| Suicide plans                     |     |    | Depression,                     |     |    |
| Suicide attempts                  |     |    | loneliness, or hopelessness     |     |    |
| Self-inflicted injury behaviors   |     |    | Crying often                    |     |    |
| A tendency to be shy or sensitive |     |    | Frightening dreams or thoughts  |     |    |
| A strong dislike of criticism     |     |    | Often annoyed by little things  |     |    |
| A frequent loss of temper         |     |    | Difficulty completing tasks     |     |    |
| Difficulty expressing feelings    |     |    | Violent or destructive behavior |     |    |
| Nervousness, anxiety, or worry    |     |    | Difficulty remembering          |     |    |
| Difficulty relaxing               |     |    | Difficulty concentrating        |     |    |
| Difficulty making decisions       |     |    | Mental Confusion                |     |    |
| Difficulty making friends         |     |    | Difficulty with eating          |     |    |

Has your child ever been in court or picked up by the police? Yes \_\_\_ No \_\_\_\_\_

If yes, describe: \_\_\_\_\_

Do you think your child has tried cigarettes, sniffing, alcohol or drugs? Yes \_\_\_ No \_\_\_\_\_

If yes, describe: \_\_\_\_\_

Does your child have a cell phone Yes \_\_\_\_\_ No \_\_\_\_\_

How many hours of screen time (*computer, video games, TV*) does your child engage in daily? \_\_\_\_\_

**PEER RELATIONS**

1. Is your child socially: \_\_\_outgoing \_\_\_shy \_\_\_depends on the situation.

2. Has your child experienced any bullying? Yes \_\_\_\_\_, No \_\_\_\_\_

2. Is your child involved in any organized social activities ( e.g. sports, scouts, music)? Yes \_\_\_\_\_, No \_\_\_\_\_

List activities \_\_\_\_\_

**SCHOOL HISTORY**

1. Has your child ever been held back a grade? Yes \_\_\_ No \_\_\_ If yes, what grade and what was the reason you choose to hold your child back: \_\_\_\_\_

2. What are the grades your child receives at school? \_\_\_\_\_

3. Do you feel your child is doing the best he/she can at school? Yes \_\_\_\_\_ No \_\_\_\_\_

4. Are there any behavior problems at school? Yes \_\_\_ No \_\_\_\_\_

If yes, please explain: \_\_\_\_\_

5. How many schools has your child attended? \_\_\_\_\_

**DISCIPLINE**

Are there any concerns in regards to discipline? Yes \_\_\_ No \_\_\_

If yes, please explain: \_\_\_\_\_

**INTERNET/ELECTRONIC COMMUNICATIONS USAGE**

Do you have any concerns with your son or daughter using the internet or electronic communication such as Facebook, Snapchat, Twitter, texting etc? (Y/N) \_\_\_\_\_

If yes, please explain your concern: \_\_\_\_\_

**COUNSELING HISTORY**

Have your son or daughter previously seen a counselor?  Yes  No

If Yes, where: \_\_\_\_\_

Approximate Dates of Counseling: \_\_\_\_\_

For what reason did your son or daughter go to counseling? \_\_\_\_\_

Does your son or daughter have a previous mental health diagnosis? \_\_\_\_\_

What did you find **most helpful** in therapy? \_\_\_\_\_

What did you find **least helpful** in therapy? \_\_\_\_\_

Has your son or daughter used psychiatric services? Yes \_\_\_ No \_\_\_

If yes, who did they see? \_\_\_\_\_

If yes, was it helpful? N/A \_\_\_ Yes \_\_\_ No \_\_\_

Has your son or daughter taken medication for a mental health concern? Yes \_\_\_ No \_\_\_

| Name of medication | Dates taken | Was it helpful?<br>Y/N |
|--------------------|-------------|------------------------|
|                    |             |                        |
|                    |             |                        |
|                    |             |                        |

**HEALTH CONCERNS:**

1. In general, this child's health has been:

\_\_\_\_\_ excellent (is rarely sick, when sick recovers very quickly)

\_\_\_\_\_ good (is not often sick or injured, illnesses are fairly short-lived)

\_\_\_\_\_ fair (frequently sick or injured, illnesses often linger or recur)

\_\_\_\_\_ poor (chronically ill)

2. Name of physician: \_\_\_\_\_

3. Name of Clinic: \_\_\_\_\_

4. Medications: \_\_\_\_\_

**MEDICAL HISTORY**

Check the age(s) at which this child had any of the following health problems. If the child has never had the problem, check the box in the “Never” column. If the health problem is still continuing or is a current concern, check the box in the “Current Concern” column. More than one category may be checked.

| CONCERN                          | NEVER | 0-6 MONTHS | 7-12 MONTHS | 1-2 YEARS | 2-4 YEARS | 4-6 YEARS | SINCE 6 YEARS | CURRENT CONCERN |
|----------------------------------|-------|------------|-------------|-----------|-----------|-----------|---------------|-----------------|
| High fever (over 103°)           |       |            |             |           |           |           |               |                 |
| Seizures (convulsions)           |       |            |             |           |           |           |               |                 |
| Rashes or skin problems          |       |            |             |           |           |           |               |                 |
| Meningitis                       |       |            |             |           |           |           |               |                 |
| Asthma                           |       |            |             |           |           |           |               |                 |
| Food allergies                   |       |            |             |           |           |           |               |                 |
| Other allergies                  |       |            |             |           |           |           |               |                 |
| Pneumonia                        |       |            |             |           |           |           |               |                 |
| Meningitis                       |       |            |             |           |           |           |               |                 |
| Anemia (low blood count)         |       |            |             |           |           |           |               |                 |
| Heart problems                   |       |            |             |           |           |           |               |                 |
| Kidney or urinary problems       |       |            |             |           |           |           |               |                 |
| Bowel problems                   |       |            |             |           |           |           |               |                 |
| Trouble with vision              |       |            |             |           |           |           |               |                 |
| Trouble with hearing             |       |            |             |           |           |           |               |                 |
| Lack of weight gain              |       |            |             |           |           |           |               |                 |
| Poisoning or medication overdose |       |            |             |           |           |           |               |                 |
| Serious injury                   |       |            |             |           |           |           |               |                 |
| Hospitalization                  |       |            |             |           |           |           |               |                 |
| Surgery                          |       |            |             |           |           |           |               |                 |

- Other important illnesses not listed: \_\_\_\_\_
- Does your son or daughter have other medical concerns or previous hospitalizations? Y/N \_\_\_\_\_  
If so, please describe. \_\_\_\_\_
- Inherited conditions (e.g. Huntington’s Chorea, Sickle Cell Anemia): \_\_\_\_\_
- Other significant family illness: \_\_\_\_\_
- Does any parent/caregiver have difficulties with nervousness, anxiety, or depression? Yes \_\_\_\_ No \_\_\_\_  
if yes, please explain: \_\_\_\_\_
- Does any parent/caregiver have difficulties with anger, e.g. losing temper easily, verbally abusive, being violent when angry? Yes \_\_\_\_ No \_\_\_\_ If yes, please explain: \_\_\_\_\_

## FAMILY ILLNESSES/DISORDERS

|                               | Mother's Family | Biological Mother | Biological Father | Father's Family |
|-------------------------------|-----------------|-------------------|-------------------|-----------------|
| Anxiety disorders             |                 |                   |                   |                 |
| ADHD or ADD                   |                 |                   |                   |                 |
| Mental retardation            |                 |                   |                   |                 |
| Seizure disorder              |                 |                   |                   |                 |
| Depression                    |                 |                   |                   |                 |
| Schizophrenia                 |                 |                   |                   |                 |
| Other psychiatric disorder    |                 |                   |                   |                 |
| Learning difficulties         |                 |                   |                   |                 |
| Behavioral problems           |                 |                   |                   |                 |
| Alcoholism or drug dependence |                 |                   |                   |                 |
| Anxiety disorders             |                 |                   |                   |                 |

## CHILD'S STRENGTHS *(Please mark those strengths that you have observed in your child):*

|   | Often True | Sometimes True | Seldom True | Cannot Say |
|---|------------|----------------|-------------|------------|
| Outgoing                                      |            |                |             |            |
| Self-confident                                |            |                |             |            |
| Seems happy                                   |            |                |             |            |
| Friendly                                      |            |                |             |            |
| Enjoys new experiences or activities          |            |                |             |            |
| Even disposition or steady moods              |            |                |             |            |
| Expresses feelings                            |            |                |             |            |
| Affectionate                                  |            |                |             |            |
| Kind or sympathetic to others                 |            |                |             |            |
| Shares  |            |                |             |            |
| Can compromise                                |            |                |             |            |
| Follows rules easily                          |            |                |             |            |
| Is forgiving                                  |            |                |             |            |
| Stands up for self when appropriate           |            |                |             |            |
| Tolerates criticism                           |            |                |             |            |
| Recovers easily after disappointment          |            |                |             |            |
| Is appropriately cautious                     |            |                |             |            |
| Creative                                      |            |                |             |            |
| Plays gently with smaller children or animals |            |                |             |            |
| Good sense of humor                           |            |                |             |            |
| Other...                                      |            |                |             |            |

**PARENT'S HISTORY**

**PARENT'S MARITAL STATUS** ( this question refers to the biological parents relationship)

Single Married (legally) Divorced Cohabiting Divorce in process Separated Widowed \_\_\_Other

Length of marriage/relationship:\_\_\_\_\_

If divorced, how old was your child at time of divorce? \_\_\_\_\_

If divorced, How much time does your child spend with each parent? Mother\_\_\_\_%, Father \_\_\_\_%

*(Please answer the following as best as you can, we understand that you may not be able to answer some of the questions pertaining to the other parent.)*

**Biological Father's Name:** \_\_\_\_\_ **Birth Date:** \_\_\_\_\_ **Age:** \_\_\_\_\_

Ethnic Origin: \_\_\_\_\_

Total years of education completed: \_\_\_\_\_ Occupation: \_\_\_\_\_

Place of Employment: \_\_\_\_\_

Military experience? Y/N \_\_\_\_\_ Combat experience? Y/N \_\_\_\_\_

Current Status \_\_\_Single, \_\_\_Married, \_\_\_Divorced, \_\_\_Separated, \_\_\_Widowed, \_\_\_Other

*\*Please answer if you are no longer with your child's bio-mother OR check here if you are still with bio-mother \_\_\_\_\_*

Assessment of current relationship if applicable: Poor\_\_\_\_ Fair\_\_\_\_ Good\_\_\_\_\_

**Biological Mother's Name:** \_\_\_\_\_ **Birth Date:** \_\_\_\_\_ **Age:** \_\_\_\_\_

Ethnic Origin: \_\_\_\_\_

Total years of education completed: \_\_\_\_\_ Occupation: \_\_\_\_\_

Place of Employment: \_\_\_\_\_

Military experience? Y/N \_\_\_\_\_ Combat experience? Y/N \_\_\_\_\_

Current Status \_\_\_Single, \_\_\_Married, \_\_\_Divorced, \_\_\_Separated, \_\_\_Widowed, \_\_\_Other

*\*Please answer if you are no longer with your child's bio-father OR check here if you are still with bio-father \_\_\_\_\_*

Assessment of current relationship if applicable: Poor\_\_\_\_ Fair\_\_\_\_ Good\_\_\_\_\_